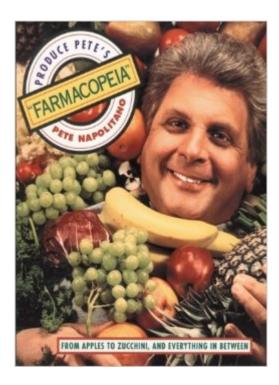
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Produce Pete's Farmacopeia: From Apples To Zucchini, And Everything In Between





Synopsis

Produce Pete takes the mystery out of choosing and using the wide variety of fruits and vegetables now available in most grocery stores and farmers' markets-which is what has made his television spots so successful. This easy-to-use A-to-Z guide contains a wealth of selection, storage, and preparation tips, along with anecdotes, wit, and wisdom from a man whose family has been in the produce business for four generations. Finally, Pete's fabulous, fresh, and uncomplicated recipes (such as savory Stuffed Eggplant, Mom's Escarole and Beans, and Iuscious Cherry Dessert Cake) are perfect for the way you eat today.

Book Information

Paperback: 340 pages Publisher: iUniverse (April 5, 2001) Language: English ISBN-10: 0595181406 ISBN-13: 978-0595181407 Product Dimensions: 8 x 0.8 x 11 inches Shipping Weight: 1.3 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (5 customer reviews) Best Sellers Rank: #708,953 in Books (See Top 100 in Books) #263 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fruits #636 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables #975 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Natural Foods

Customer Reviews

I saw the author of this book on TV for about 5 minutes and I googled him and found this book. It is invaluable and a good reference book to keep on hand. I have it on display on my counter next to my fruit bowl and refer to it as I'm unloading my groceries and need to figure out if something needs to be refrigerated or not, how best to store it, etc. He is so dynamic on TV - I wish I could find him on TV again because I would definitely record it. In fact, I wish he had his own weekly show on channel 13 or something. His knowledge is not easy to find these days...

He's my favorite, I am really enjoying the chock full book I ordered with all the very best recipes and facts about produce. Thank you.

Very informative, I recommend it.

Very informative

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